

Family Constellation Workshop

Emphasis on Addiction

Saturday 12th October 2024



ABOUT MARIA DOLENC

Maria will be facilitating this workshop and providing you with her own unique style and passion for this work. Maria is a qualified Gestalt Therapist, accredited PACFA supervisor. She worked at South Pacific Private for 14 years and Byron Private Treatment Centre for 7 years. Facilitating and teaching for over 15 years as a Family Therapist and Clinical Supervisor. Maria was also co-director at Gestalt Therapy Sydney. She has studied Family Constellation work with leaders locally and overseas. She has been Facilitating and teaching Constellations in Australia and Internationally for over 15 years.

Addiction in our Culture

Addictions are behaviour patterns that perpetuate underlying problems and feelings. Although they provide temporary relief, they fundamentally give us the means to run away from feelings, instead of being with them. Denial allows us to maintain ongoing addictive behavioural patterns.

In our culture, the primary form of addiction is “Addictive Thinking”. It keeps us disconnected from ourselves and from each other.

Letting go of “Addictive Thinking” will allow us to foster authentic connections with ourselves and with those around us.

WHEN: Saturday 12th October 2024
WHERE: Tramshed Community Centre - Berry Hall
1395A Pittwater Road, Narrabeen
TIME: 9.30am - 5.00pm
COST: \$180
DEPOSIT: \$50 deposit by 1st October 2024

BOOKINGS: CALL OR EMAIL MARIA

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for more information

Morning and afternoon tea provided. Bring your own lunch.