

SYSTEMIC/ FAMILY CONSTELLATION TRAINING 2015

An experiential, educational and theoretical background of Systemic Constellation work grounded in the principles and practice of Gestalt therapy.

Gestalt Therapist And Systemic/Family Constellation Practitioner

Maria Dolenc is a qualified Gestalt therapist, accredited PACFA supervisor, Family Constellation Facilitator/Trainer and Addictions Counsellor working with individuals, couples, families and groups. She has lectured on Holistic Counselling at Nature Care College and has worked in various capacities at South Pacific Private including Clinical Supervisor.

Maria was also co-director at Gestalt Therapy Sydney and now devotes her time mainly to what she loves doing, which is Constellation work.



Maria has studied Family Constellation work with leaders in the

field both locally and overseas. She has been conducting Family Constellations workshops and practitioner training in Australia and internationally on a regular basis over the last few years.

Family and Systemic Constellations has the potential to touch our deepest cores and transform our lives and the lives of those around us. Hidden dynamics, secrets and beliefs often spanning two or three generations, may appear in the family "field" leading to distress, illness and a vast array of emotional difficulties.

COURSE OVERVIEW

Systemic Constellation is a method which, if we are attentive and sensitive, opens the door to the depths of the soul.

The course provides the participant with an experiential, educational and theoretical background of systemic constellation work and blends it with the principles and practice of Gestalt therapy.

COURSE AIM

To generate an educational experience whereby you can develop a good theoretical and practical basis for introducing systemic constellation work into your own practices.

We aim to cover the most important core areas of the systemic constellation work as well as attending as much as possible to special interests and needs of the individuals in the course.

LEARNING PROCESSES

- Teaching, reflections and discussions
- Experiential exercises
- Feedback
- Small group self directed learning between training sessions (optional)
- Self-awareness
- Evolving personal style and creativity

PRE-REQUISITES FOR STUDENTS

To be already working in a field in which you can readily apply constellation work eg: therapist, organisational consultant, health professional, teacher, counsellor, social worker.

COURSE NUMBERS

Maximum of 16 students and a minimum of 8 students enrolled at the outset for the course to proceed.

COURSE DATES

6th – 8th March 2015

8th – 10th May 2015

18th – 20th September 2015

This final weekend is also open to experienced facilitators and focusses on working with individuals.

For a more detailed Course Outline & Application Form contact Maria.

T | 02 8021 2177 **M** | 0425 277 279

E | mariadolenc@optusnet.com.au

W | www.mariadolenc.com.au

For more information about Systemic Constellation work:

www.family-constellations.org

www.constellationflow.com